



Important Phone Numbers

Maryland-Statewide Crisis Hotline
1-800-422-0029

Crisis text line in the US
Text Connect to 741741

Baltimore Crisis Response
410-931-2214

Baltimore Crisis Response Inc. (BCRI)
410-433-5175

Anne Arundel County Crisis
410-768-5522

Howard County Crisis Team
410-531-6677

Montgomery County Crisis Response Team
240-777-4000

Prince George's County Crisis Response
301-429-2185

St. Mary's County Crisis Team
301-873-6661

House of Ruth Maryland-Domestic Violence
410-889-0840

Mountain Manor Treatment Center
410-276-0153

National Hopeline Network:
1-800-SUICIDE (800-784-2433)

National Resources - NAMI Metro Baltimore
410-435-2600

Connect to Family Peer Support
410-730-8267

Hartford County Crisis Team
410-638-5248

National Domestic Violence Hotline:
1- 800-799-7233

National Suicide Prevention Lifeline
800-273-TALK (8255)

Crisis Text Line:
Text "START" TO 741-741

Lifeline Crisis Chat (Online live messaging):
<http://www.crisischat.org/>

Alcoholics Anonymous
410-633-1922

Self-Harm Hotline:
1-800-DONT CUT (1-800-366-8288)

American Assoc. of Poison Control Centers:
1-800-222-1222

Family Violence Helpline:
1-800-996-6228

Veterans Crisis Line:
<https://www.veteranscrisisline.net>

National Crisis Line - Anorexia and Bulimia:
1-800-233-4357

Substance Abuse - Riverside Treatment
443-730-6104

Suicide Prevention Wiki:
<http://suicideprevention.wikia.com>

National Council on Alcoholism & Drug
Dependency Hope Line:
1-800-622-2255